

Glaser Organic Farms

Product Shelf Life

19100 S.W. 137th Avenue, Miami, FL 33177 - (305) 238-7747 - glaserorganicfarms.com

PRODUCT	Room Temp.	Refrig.	Frozen	PRODUCT	Room Temp.	Refrig.	Frozen
SNACKS				Chickpea	N/A	5-7 Days	N/A
Rawies (Hard, Mini)	3 Months	6 Months	1 Year	Green Pea	N/A	5-7 Days	N/A
Rawies (Soft)	1-2 Days	2-3 Weeks	1 Year	Zucchini	N/A	7-10 Days	N/A
Brownies (Choc. / Carob)	6-8 Weeks	6 Months	1 Year	PATE			
Banana Balls	6-8 Weeks	6 Months	1 Year	Almond Curry	N/A	5-7 Days	2 Months
Cavendish Banana	6-8 Weeks	6 Months	1 Year	Almond Herb	N/A	5-7 Days	2 Months
Apple Banana	6-8 Weeks	6 Months	1 Year	Green Garden	N/A	7-10 Days	N/A
Almond Sesame Halvah	6-8 Weeks	6 Months	1 Year	Cashew Herb	N/A	10-14 Days	2 Months
Snow Balls	6-8 Weeks	6 Months	1 Year	Sprouted Sunflower	N/A	5-7 Days	2 Months
Temple Balls	6-8 Weeks	6 Months	1 Year	Sprouted Nut	N/A	5-7 Days	2 Months
Temple Balls II	6-8 Weeks	6 Months	1 Year	DIPS			
Chickpea Carrot Croquettes	1 Month	3 Months	6 Months	Guacamole	N/A	5-7 Days	N/A
Flax Crackers (Gold & Red)	1 Month	3 Months	6 Months	Salsa	N/A	10 Days	N/A
Nori Crackers (All)	1 Month	3 Months	6 Months	Marinara	N/A	10 Days	N/A
Ginger Maple Pumpkin Seeds	6-8 Weeks	4 Months	6 Months	PESTO			
Maple Pecans	6-8 Weeks	4 Months	6 Months	Arugula Basil	N/A	2-4 Weeks	6 Months
Spicy Cashews	6-8 Weeks	4 Months	6 Months	Garlic In Olive Oil	N/A	2 Weeks	6 Months
Maple Cinnamon Walnuts	6-8 Weeks	4 Months	6 Months	Spinach Basil	N/A	2-4 Weeks	6 Months
California Bread	2-5 Days	2 Weeks	3 Months	Sun-Dried Tomato & Olive	N/A	2-4 Weeks	6 Months
Sunburgers	N/A	5-6 Days	1 Month	Three-Herb	N/A	2-4 Weeks	6 Months
ESSENE BREADS				SAUERKRAUT			
Bell Pepper N' Spice	2-3 Months	6 Months	1 Year	Green Cabbage & Carrots	N/A	3-6 Months	N/A
Carrot	2-3 Months	6 Months	1 Year	Daikon & Ginger	N/A	3-6 Months	N/A
Garden Vegetable	2-3 Months	6 Months	1 Year	Green Cabbage	N/A	3-6 Months	N/A
Italian	2-3 Months	6 Months	1 Year	Red Cabbage	N/A	3-6 Months	N/A
Olive	2-3 Months	6 Months	1 Year	Kim Chi	N/A	3-6 Months	N/A
Onion	2-3 Months	6 Months	1 Year	PICKLES			
Rye	2-3 Months	6 Months	1 Year	Dill Pickles	N/A	2-3 Months	N/A
Sun-Dried Tomato	2-3 Months	6 Months	1 Year	Pickled Asparagus	N/A	2-3 Months	N/A
Wheat (with salt)	2-3 Months	6 Months	1 Year	Pickled Baby Zucchini	N/A	2-3 Months	N/A
Wheat (no salt)	2-3 Months	6 Months	1 Year	Pickled Broccoli & Cauliflower	N/A	2-3 Months	N/A
BUTTERS				Pickled Brussel Sprouts	N/A	2-3 Months	N/A
Almond (Cal/Ital)	4-6 Months	1 Year	1 Year +	Pickled Endive	N/A	2-3 Months	N/A
Cashew	4-6 Months	1 Year	1 Year +	Pickled Ginger	N/A	2-3 Months	N/A
Macad-Cashew	3-4 Months	1 Year	1 Year +	Pickled Green Beans	N/A	2-3 Months	N/A
Macadamia	3-4 Months	1 Year	1 Year +	Pickled Okra	N/A	2-3 Months	N/A
Pecan	4-6 Months	1 Year	1 Year +	Pickled Snap & Snow Peas	N/A	2-3 Months	N/A
Tahini (white and black)	4-6 Months	1 Year	1 Year +	PIE CRUST			
Walnut	4-6 Months	1 Year	1 Year +	Date Almond Pie Crust	6 Weeks	6 Months	1 Year
SAUCES				Pecan Crumble Pie Crust	6 Weeks	6 Months	1 Year
Strawberry Raspberry	N/A	7-10 Days	1 Month	Raisin Walnut Coconut	6 Weeks	6 Months	1 Year
Chocolate	N/A	1 Month	3-6 Months	PIES			
DRESSINGS				Apple Almond Raspberry	N/A	5-7 Days	N/A
Basil Vinaigrette	N/A	3 Months	N/A	Carob Coconut Raspberry	N/A	5-7 Days	N/A
Creamy Pesto	N/A	7-10 Days	N/A	Mamey Mango	N/A	5-7 Days	N/A
Garden Herb Vinaig.	N/A	3 Months	N/A	Mango	N/A	5-7 Days	N/A
Garlic & Dill Vinaig.	N/A	3 Months	N/A	Mushroom Walnut	N/A	5-7 Days	N/A
Herb Tahini	N/A	1 Week	N/A	Papaya	N/A	5-7 Days	N/A
Honey Mustard	N/A	3 Months	N/A	Pineapple	N/A	5-7 Days	N/A
Hot & Spicy Tom. Basil	N/A	1 Month	N/A	Carob Pudding	N/A	5-7 Days	N/A
Lemon Garlic Tahini	N/A	1 Week	N/A	Chocolate Pudding Pie	N/A	5-7 Days	N/A
Mango Passion	N/A	1 Month	N/A	CAKES			
Orange Balsamic Vinaig.	N/A	1 Month	N/A	Pineapple Carrot Cake	N/A	2 Weeks	3 Months
Simple Garlic Lemongrette	N/A	3 Months	N/A	Strawberry Shortcake	N/A	5-7 Days	1 Month
Red Raspberry Vinaig.	N/A	3 Months	N/A	Banana Chocolate Tiramisu	N/A	5-7 Days	1 Month
Tomato Basil Vinaig.	N/A	1 Month	N/A				
HUMMUS							
Bell Pepper	N/A	5-7 Days	N/A				
Carrot	N/A	5-7 Days	N/A				